

# Eastern Idaho Sobriety Corner

April 1  
2026

## Alcoholics Anonymous

**Step 4:** Made a searching and fearless moral inventory of ourselves.

**Tradition 4:** Each group should be autonomous except in matters affecting other groups or AA as a whole.

**Spiritual Principle 4:**  
COURAGE – Firmness of mind and will in the face of extreme difficulty; mental or moral strength to withstand fear.



AA HOTLINE – 208-524-7729  
Espanol – 208-721-2989



## Intergroup Officers

**Chair:**

Val D.

**The Grapevine**

[www.aagrapevine.org](http://www.aagrapevine.org)

**Blackfoot South Liaison**

- Volunteer Needed

**Alt. Chair:**

Penny L.

Al-Anon\*344-1661  
Alateen\* For more info call:  
208-521-2235

**CPC/PI**

Jorge P.

**Treasurer:**

-Penny L.

(\*in cooperation, not  
affiliation)

**Secretary:**

-Open Position

**District Contact Information**

**Local Meeting Schedule:**

Teresa D.

**District 6 Chair**

Lenny F.  
208-360-4896

**AA Hotline:**

Claudia H. (-Open Position)

**Special AA Committees**

Support for individual  
Suffering alcoholics is  
provided by the following  
AA committees:

.....information continued on  
next page

**Literature:**

Al S.

**Entertainment Chair:**

-Open Position

**Hospitals and Institutions (H&I)**

**Newsletter:**

Ashley B.  
[aaifnews@gmail.com](mailto:aaifnews@gmail.com)

**H&I Chair Liaison**

Jace G.  
208-716-3943

**Webmaster:**

Kim L.

**H&I Secretary**

- Open Position

**Other Contact Information**

**AA Hotline**

208-524-7729

**Local Area Website**

<https://idahofallsaa.org>

**Area 18 Website** Find a Local Meeting

[www.idahoarea18.org](http://www.idahoarea18.org)

**Newsletter Email List**

[aaifnews@gmail.com](mailto:aaifnews@gmail.com)

**General Services**

**(GSO) Website**

[www.aa.org](http://www.aa.org)

**Community Reintroduction  
Center (CRC) Liaison**

- TBD

**3-B Detention Center Liaison**

Cate C.  
208-520-3144

**Bonneville County Jail Liaison**

Jace G.  
208-716-3943

## Intergroup Mission

Officers are elected by sitting Intergroup members; members are selected during "group conscience" meeting of participating AA groups. In keeping with Tradition Two, these officers do not govern the individual groups; rather they serve the needs of the AA community, providing necessary services and support of various activities and programs seemed appropriate by the membership. The purpose of Intergroup is to safeguard the Twelve Traditions of AA, serve the local groups, help provide unity between groups and perform acts as stated in the bylaws.

# Committee Meeting Schedule – Please attend a District, Intergroup or Committee Meeting to get involved

**District 6**

1<sup>st</sup> Tuesday of each month 7:00 p.m. – Serenity Place- Senior Citizens Community Center - Downstairs

**Intergroup**

1<sup>st</sup> Thursday of each month 6:45pm – Serenity Place- Senior Citizens Community Center – Downstairs Conference Room

**Hospitals & Institutions Committee**

1<sup>st</sup> Tuesday of each month 6:30 p.m. - Serenity Place - Senior Citizens Community Center - Downstairs

**Send rent payment to:**

**Serenity Place c/o Teresa Dowell  
1195 Drystone Drive  
Idaho Falls, ID 83401**

**Serenity Place Building Committee**

Teresa D. – 210-857-8782

**Send District 6 or Intergroup**

**mail to:**

District 6 or Idaho Falls Intergroup Council  
PO Box 50443  
Idaho Falls, ID 83405-0443

General Services Office  
PO Box 459  
Grand Central Station  
New York, NY 10163 [www.aa.org](http://www.aa.org)

**Idaho Area 18**

PO Box 43  
Emmett, ID 83617

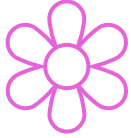
**District 6 H&I**

PO Box 50443  
Idaho Falls, ID 83405

MEETING GROUP	GROUP CONSCIENCE	CELEBRATE BIRTHDAYS
Clean and Sober	3 <sup>rd</sup> Saturday	Last Saturday
Coffee Break	3 <sup>rd</sup> Saturday	Last Saturday
Grace & Mercy	1 <sup>st</sup> Sunday	Varying Sundays
Grapevine	Last Sunday	Last Sunday
Great News	3 <sup>rd</sup> Friday	Last Friday
Happy Meals	2 <sup>nd</sup> Thursday	Last Thursday
Revive Happy Hour	3 <sup>rd</sup> Friday	
Just Stay	2 <sup>nd</sup> Thursday	Last Thursday
Lincoln Group		Last Friday
Lunch Bunch	3 <sup>rd</sup> Friday	Last Friday
New Hope & Inspiration	2 <sup>nd</sup> Monday	3 <sup>rd</sup> Monday
Third Tradition	2 <sup>nd</sup> Tuesday	Last Tuesday
Turning Point	3 <sup>rd</sup> Sunday	Last Sunday

Changes or Additions email

[aaifnews@gmail.com](mailto:aaifnews@gmail.com)



**Step 4:**

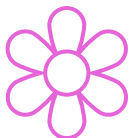
Made a searching and fearless moral inventory of ourselves.

**Tradition 4 (Long Form):**

With respect to its own affairs, each AA group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect AA as a whole without conferring with the Trustees of the General Service Board. On such issues our common welfare is paramount.

**Spiritual Principle 4:**

COURAGE – Firmness of mind and will in the face of extreme difficulty; mental or moral strength to withstand fear.



# MEETING NEWS

**Third Tradition Meeting:** now meeting at the Center for Hope, Idaho Falls- this is a closed AA meeting

Great News Group BIG BOOK Study- Wednesday's at 7:00pm- Unitarian Universalist Church, 555 E Street, Idaho Falls, ID

Great News Group Friday Meeting – Cornerstone Pentecostal Church @ 7:00 pm

Primary Purpose Big Book Study Group – Tuesday's – 5:30pm-Serenity Place

Revive Happy Hour Open Meeting-Center for Hope-Friday's-5:30pm-6:30pm

Men's Stag Meeting: Thursday's @ 7:00pm – Serenity Place

**Español:**

Grupo En Accion: Wednesday @ 7:00pm-8:30pm  
522 Lomax Street, Idaho Falls, ID 83401  
Zoom ID# 934 8707 4464 Password-402893

**NEW MEETINGS:**

(Zoom only)  
Open AA Meeting  
Our Basic Text Step Study  
Wednesday 7:30pm  
Zoom ID# 220 610 1935  
Password- PAGE17

(In Person and Zoom – Hybrid)  
AA Basic Text  
Friday 7:30 PM @ Center for Hope  
530 E Anderson St. Idaho Falls, 83401  
Zoom ID# 220 610 1935  
Password- PAGE17

**CHECK MEETING SCHEDULE FOR MORE MEETING DAYS,  
LOCATIONS AND TIMES 😊**

**Send Serenity Place group rent payment to:**

Serenity Place c/o Teresa Dowell  
1195 Drystone Drive,  
Idaho Falls, ID 83401

# **March 2026 Intergroup Meeting Minutes**

## **Intergroup Committee Meeting Minutes - March 5, 2026**

Attendees:

Val (Chair), Penny (Treasurer), Ashley (Newsletter), Al (Literature)  
Intergroup Representatives: Jen, Joe, Benji, Lenny, Levi

The meeting was called to order at 6:45 PM MT. The meeting opened with a moment of silence, followed by the Serenity Prayer. Benji read the Twelve Traditions.

Ashley agreed to act as Secretary for the March meeting, as this service position is currently vacant.

Val discussed the open service positions, which include:

- Entertainment Chair
- Secretary
- AA Phone Line Chair

It was noted that without an Entertainment Chair, Intergroup will not be able to host events such as Founder's Day, the Christmas Party, and other fellowship events.

Treasurer's Report – Penny

General Account Balance as of 02/01/2026: \$471.64

Income (02/01/2026 – 03/01/2026):

- Grapevine: \$200.00
- Happy Meals: \$60.00
- Third Tradition: \$100.00
- Marv W.: \$5.00

Total Income: \$365.00

Expenses (02/01/2026 – 03/01/2026):

- Printing Supplies: \$185.71 (Check #1188)
- Rent (March & April): \$24.00
- Hotline (CenturyLink): \$82.89

Total Expenses: \$292.60

General Account Balance as of 03/01/2026: \$568.04

*(Includes \$100.00 allocated for Literature)*

Entertainment Account

Balance as of 03/01/2026: \$1,363.06  
No income or expenses reported during this period.

Current Balance: \$1,412.26

Literature Report – AI

Teresa provided AI with receipts from 2025, which AI delivered to Penny.

Recent literature sales included:

- 6 hardback *Big Books*
- 6 pocket-size *Big Books*
- 1 *Twelve Steps and Twelve Traditions (12x12)*

Total Sales: \$138.00

AI submitted \$140.00 in cash to Penny, receiving \$2.00 reimbursement.

AI requested approval to purchase additional literature, including:

- Hardback and softcover *Big Books*
- *Twelve Steps and Twelve Traditions (12x12)*
- *As Bill Sees It*

Current Literature Inventory:

- 19 Hardback *Big Books*
- 13 Softcover *Big Books*
- 5 Pocket-size *Big Books*
- 1 Large Print Softcover *Big Book*
- 1 *Twelve Steps and Twelve Traditions (12x12)*
- 1 *As Bill Sees It*
- 3 *Our Great Responsibility*
- 1 *Plain Language Big Book*
- 2 *Daily Reflections*

Newsletter Report – Ashley

\$29.99 was spent on additional Google email storage for the Intergroup email account.

Ashley discussed reducing newsletter waste by printing smaller batches, noting that unused newsletters have been discarded since she began the position.

Ashley plans to contact local printing companies to compare pricing, as printing through Staples appears to be costly.

A motion was made to amend the Intergroup guidelines to specify:

- How newsletters should be printed
- The number of copies to be printed each month

The motion was tabled until the April meeting. Ashley will present:

- Price comparisons from local printing companies
- A report on the number of newsletters discarded during March

Currently, Ashley is printing 15 copies per month (reduced from 20), with printing costs averaging approximately \$70.00 per month, depending on page count.

#### Old Business

A vote in February established an amount to be set aside for literature purchases. As AI was not present at that meeting, further clarification was provided.

Current guidelines list a prudent reserve of \$300 for literature. AI suggested increasing this to \$500 in the future, but for now the reserve will remain \$300.

AI received \$300 for literature purchases and noted that shipping is free, with additional discounts available when ordering larger quantities.

Lenny reported that the current AA Meeting Schedule lists several meetings as closed when they are actually open.

Ashley will update the meeting schedule and provide a revised version before April 1st.

The meeting adjourned at 7:45 PM MT.

Ashley B.  
Newsletter Chair / Acting Secretary for March 2026 Meeting

# March 2026 District Meeting Minutes

## **DISTRICT 6 SERVICE BULLETIN: MARCH MEETING SUMMARY**

**TO:** All Group Members and General Service Representatives (GSRs)

**FROM:** District 6 Secretary / DCM

**DATE:** March 3, 2026

**RE:** Key Actions and Announcements for Home Group Business Meetings

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### **I. TREASURER'S REPORT**

The District remains in a healthy financial position. After accounting for donations and estimated expenses, the current Working Balance is \$1,455.34.

### **II. COMMITTEE UPDATES**

- **Hospitals & Institutions (H&I):** The committee welcomed 10 new volunteers. A women's jail meeting is in development; volunteers for penal commitments must attend **P.R.E.A. Certification**, held the **2nd Wednesday of even-numbered months**. Balance \$609.13
- **Archives:** The committee has received vintage local speaker tapes. We are currently seeking **financial donations earmarked "Archives"** to assist with the high cost of digitizing these historical records.
- **CPCPI:** An answering service has been established in Arco; local members' first names and numbers are now listed in the newspaper to help still-suffering alcoholics.
- **YPAA:** District 6 has officially **accepted** the request from Boise to host a **YPAA Campout**.

### **III. UPCOMING EVENTS**

**Delegate Pre GSO Conference Event** Date: Sat, April 18 from 12 - 2:30pm

- Sponsors: District 1, District 6, District 7, District 12
  - "Service Sugar Rush" bring a dessert for the dessert bar
  - Host/Presented by Delegate Heather N.
  
  - **District 6 Spring Workshop**
    - **Date:** May 16th
    - **Coordinator:** Kelly B.
    - *Details to follow regarding location and specific times.*
    -
  
  - **Area 18 Spring 2026 Spring Assembly Boise June 8-1**
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#### **IV. DCM Report "TAKE-BACK" & ACTION ITEMS**

*Please present the following to your Home Group for a Group Conscience/Vote:*

1. **H&I Representation:** Groups are asked to elect an **H&I Representative**. Remind reps to attend the H&I meeting at **6:30 PM on the 1st Tuesday** of every month.
2. **Guideline Amendment:** A vote is required regarding an amendment to send the DCM to the **ACM (now a 2-day event)**. Please email your group's decision to the DCM within **30 days**.
3. **Literature Changes (GSO):** The General Service Conference is seeking feedback on the **"Plain Language" Big Book** edits and the redoing of the **"Living Sober"** book. Please review background materials with your group and provide your group conscience to the DCM. (CHECK your E-Mail )
4. **Historical Donations:** Ask your group if they have any historical AA materials (tapes, flyers, minutes) they wish to donate to District Archives.

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*"I am responsible... when anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."*



Please submit yearly birthday's to [aaifnews@gmail.com](mailto:aaifnews@gmail.com) by the 20<sup>th</sup> of each month

## April 2026 Birthdays

### Lincoln Group

	<u>Years</u>
Linda H.	26
Shawnee G.	20
Wayne P.	16
Brian A.	11

### Clean and Sober

	<u>Years</u>
Angie G.	19
Brandon M.	1

### Grapevine Group

	<u>Years</u>
Anna	8
Jonathan	2
Troy	1

### Great News Group

	<u>Years</u>
William L.	15

### Third Tradition

	<u>Years</u>
Sheila S.	35
Wade S.	12
Jen P.	2
Will K.	1

### New Hope and Inspiration

	<u>Years</u>
Scott D.	9

### Lunch Bunch

	<u>Years</u>
James B.	12
Caroline H.	3

### Turning Point

	<u>Years</u>
Greg R.	29
Sandy R.	18
Lindsey H.	3
Joshua C.	2
Anthony H.	2

# SAVE

*the date*

The Idaho Area 18  
**2026 Spring Assembly & Convention**

**MAY 8-10**

The Riverside Hotel  
2900 Chinden Blvd, Boise, ID

Hosted by District 8 and BACYPAA  
For more info: [district84u@gmail.com](mailto:district84u@gmail.com)

# Idaho Area 18 Eastern Districts

## SERVICE SUGAR RUSH

Meet & Greet with Our Delegate



**Saturday, April 18**



**12:00 PM**



**Center for Hope**

530 East Anderson Street  
Idaho Falls, ID 83402

Districts 1, 6, 7, and 12 will be meeting together to learn more about how the service structure works and how we participate in it.

Our delegate, Heather N., will share how our voices are carried—from individuals or groups all the way to Alcoholics Anonymous' Annual Conference in New York. This is a great opportunity to better understand the journey into service and have your questions answered.



### Service Sugar Rush Dessert Bar

Please bring a dessert to share as we enjoy fellowship and service together!

We look forward to seeing you there!

**More Info:**

**District 1:** Kathy J. ([district1@idahoarea18aa.org](mailto:district1@idahoarea18aa.org))

**District 6:** Lenny F. ([district6@idahoarea18aa.org](mailto:district6@idahoarea18aa.org))

**District 7:** Kelly F. ([district7@idahoarea18aa.org](mailto:district7@idahoarea18aa.org))

**District 12:** Ali V. ([district12@idahoarea18aa.org](mailto:district12@idahoarea18aa.org))

# **AA SPEAKER MEETING**



**SECOND FRIDAY EVERY MONTH  
7 PM  
CORNERSTONE PENTECOSTAL  
793 CLEVELAND ST  
IDAHO FALLS**

**SPONCERED BY THE GREAT NEWS GROUP**

# LOOKING TO SERVE?

INTERGROUP SERVICE POSITIONS ARE OPEN AND  
NEED TO BE FILLED IMMEDIATELY!

## WE NEED:

### ENTERTAINMENT CHAIR

1 YEAR OR CONTINUOUS SOBRIETY – MEMBER OF THE INTERGROUP COMMITTEE OR HAVE PREVIOUS AA SERVICE EXPERIENCE. YOU WILL HAVE VOTING PRIVILEGES WITHIN INTERGROUP AND WILL BE ELIGIBLE FOR RE-ELECTION AFTER 1 YEAR OF SERVICE (CAN ONLY SERVE A MAXIMUM OF 2 YEARS).

YOU WILL BE RESPONSIBLE FOR PLANNING, ORGANIZING, AND PROMOTING AT LEAST 3 ACTIVITIES PER YEAR SUCH AS THE CAMPOUT, ANNIVERSARY, AND CHRISTMAS PARTY. PLEASE REACH OUT FOR MORE INFORMATION.

### AA HOTLINE COORDINATOR

2 YEARS OF CONTINUOUS SOBRIETY AND HAVE PREVIOUS AA SERVICE EXPERIENCE. YOU WILL HAVE VOTING PRIVILEGES WITHIN INTERGROUP AND WILL BE ELIGIBLE FOR RE-ELECTION AFTER 1 YEAR OF SERVICE (CAN ONLY SERVE A MAXIMUM OF 2 YEARS).

THE IDAHO FALLS INTERGROUP COUNCIL MAINTAINS A 24-HOUR ANSWERING SERVICE, STAFFED WITH LOCAL MEMBERS TO ANSWER ALL INCOMING CALLS. YOU WILL CREATE, SCHEDULE, AND MAINTAIN A MONTHLY LIST OF MEMBERS TO STAFF THE PHONE SERVICE. PLEASE REACH OUT FOR MORE INFORMATION.

### SECRETARY

1 YEAR OF CONTINUOUS SOBRIETY AND HAVE PREVIOUS AA SERVICE EXPERIENCE. YOU WILL HAVE VOTING PRIVILEGES WITHIN INTERGROUP AND WILL BE ELIGIBLE FOR RE-ELECTION AFTER 1 YEAR OF SERVICE (CAN ONLY SERVE A MAXIMUM OF 2 YEARS).

RESPONSIBLE FOR ATTENDING ALL INTERGROUP MEETINGS, TAKE MINUTES, AND READ PREVIOUS MONTH MEETING MINUTES AT THE FOLLOWING INTERGROUP MEETING. PLEASE REACH OUT FOR MORE INFORMATION.

PLEASE CONTACT ASHLEY B. FOR MORE  
INFORMATION AND INTEREST!

208-969-2118

# COME PARTICIPATE!

INTERGROUP NEEDS SUPPORT.

IF YOU ARE AN INTERGROUP REPRESENTATIVE - PLEASE JOIN US.

IF YOUR HOMEGROUP DOES NOT HAVE A REPRESENTATIVE APPOINTED – DISCUSS AT YOUR NEXT BUSINESS MEETING TO ENSURE YOUR GROUP HAS A VOICE.

Every 1<sup>st</sup> Thursday of the month at 6:45 pm  
Serenity Hall (back door and downstairs – do not enter through front)  
535 W 21<sup>st</sup> St. Idaho Falls, ID 83401

Please reach out if you have any questions.  
Ashley B. 208-969-2118

## IDAHO FALLS INTERGROUP BOOK PRICE LIST

### BIG BOOKS:

75th ANNIV. HARD COVER-\$5.00

REGULAR HARD COVER- \$13.05

LG. PRINT SOFT UNABRIDGED- \$13.00

LG. PRINT SOFT COVER ABRIDGED- \$7.00

REGULAR SOFT COVER- \$12.00

POCKET SOFT COVER- \$6.00

PLAIN LANGUAGE- \$12.00

12 X 12 HARD COVER- \$13.00

12 X 12 SOFT COVER- \$12.00

AS BILL SEES IT- \$11.00

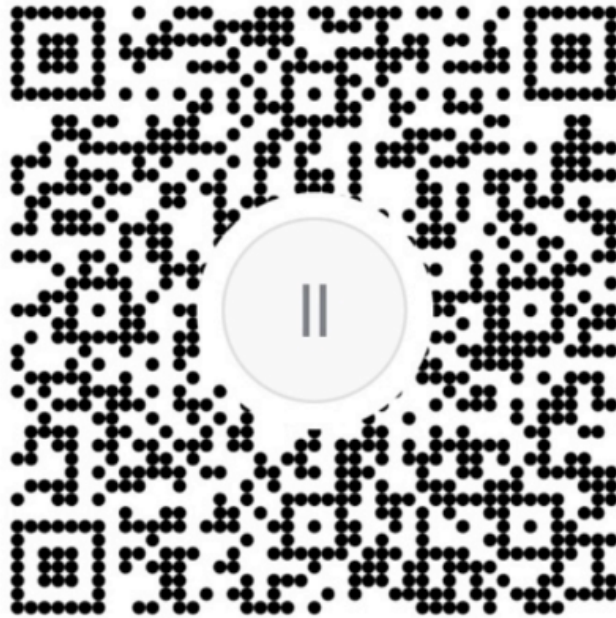
DAILY REFLECTIONS- \$12.50

\* We order all literature from TVICO in Boise.

\*From Intergroup Guidelines:

Literature Chairperson Responsibilities:

The Literature Chair shall order and stock (as funds permit) the Big Book in all printed forms, the 12 X 12 in all printed forms, As Bill Sees It in all printed forms and The Daily Reflections in all printed forms. Orders of other literature requested will be at the discretion of the Literature Chairperson and will provide information to AA Groups wishing to purchase these items themselves.



***venmo***

Idaho Falls Intergroup

@IdahoFalls-Intergroup

This VENMO can be used for Literature purchases or for groups wishing to donate to Intergroup **\*\*please indicate in memo if it's for Literature or Intergroup Donation\*\***

# THE GRAPEVINE MAGAZINE®

Want information about The AA Meeting in Print??.....  
The Grapevine Magazine? Want a Grapevine Magazine  
To Read? Or a subscription to Grapevine? Know of  
Somewhere in town that could use a Grapevine Magazine?  
Wish to donate a subscription for Grapevine Magazine?  
To a hospital or treatment agency? Any Questions about  
Grapevine Magazine can be answered by Mark C.  
District 6 AA Grapevine Representative. 208-206-3154

